

# Annual Report 2018/19



A safe place for everyone

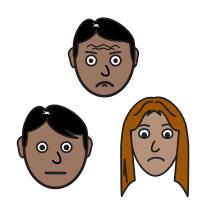
# Easy read information



for adults in Leeds



# Introduction



Abuse is when someone does or says things that hurt you, upset you or make you frightened. It might involve making you do things you don't want to do.

Neglect is when someone is meant to look after you, but does not give you the care and support you need.



Self-neglect is when you may come to harm because you are not able to look after your health or care needs and you find it difficult to accept support.

This report tells you about what the Leeds Safeguarding Adults Board has been doing to help people in Leeds.



This work is called





# What is the Leeds Safeguarding Adults Board?

The Board is made up of people from lots of different organisations.

This includes the local authority, health services and





# How we helped people ■**?** last year:



8715 people contacted Adult Social Care for help. This is more than the year before.

#### The most common concerns were about:

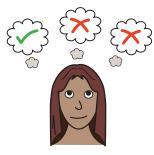


- People being hurt, for example, being hit or kicked.
- Staff or families not providing the help and support that someone needed.
- People having money taken from them.



When people contact Adult Social Care, they will advise on the best way to help.

When Adult Social Care helped people using the safeguarding procedures, they:



 Made at least some of the changes people wanted in nearly every case.



Made people safer in 9 out of 10 occasions.



# How we have been improving safeguarding in Leeds



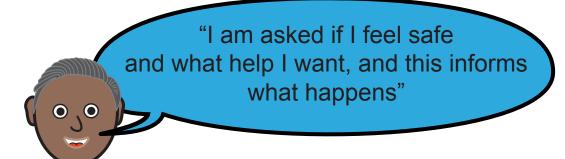
The Board has four ambitions that guide all of its work.



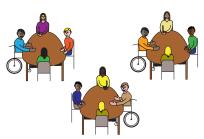
## **Ambition One:**

Talk to me, hear my voice

This is what we want to achieve for people:



#### This is what we have been doing:



• We have been working with lots of community groups. They have helped us develop new safeguarding guidance. The guidance is about how important it is to talk to people about the support they want.



This is the guidance:
You can find it on our website:
www.leedssafeguardingadults.org.uk



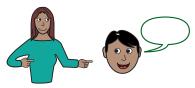


• Touchstone Service User Group produced a short film to explain how important the guidance is. You can find the film on YouTube. Search for 'Leeds Safeguarding Adults Board' to find our films.



• Leeds People First (Leep1) will be our Ambassadors. This means they will go out, and tell staff teams about how important it is to involve people in plans and decisions. They will also show a short safeguarding film made by them.





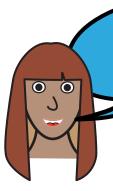
 We have asked Advonet to start working with us. Advonet is an advocacy organisation. They have agreed to talk to people to find out how well they have been supported in safeguarding.



## **Ambition Two:**

Improve awareness of safeguarding across all our communities

This is what we want to achieve for people:



"I receive clear and simple information about what abuse is, and how I can get help"

This is what we have been doing:



 We have leaflets and posters about safeguarding. We are working on making these even better. We are working with community groups to do this.



• We have been out to talk to about 40 community groups or organisations this year about safeguarding adults. This is helping people to know about all the support there is.





• We held a Safeguarding Week in June 2018, this was a chance for organisations to do one extra thing to tell people about safeguarding.

Some did newsletters, some did events and others did displays.



• We did some work with libraries to help tell people about safeguarding. They put up displays and gave out information.



 We have been using social media to tell people what we are doing.
 You can follow us:

Facebook:

www.facebook.com/LeedsSAB/

Twitter:

https://twitter.com/LeedsSAB



## **Ambition Three:**

# Learn from experience to improve how we work

This is what we want to achieve for people:

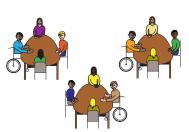


This is what we have been doing:

#### Self-neglect



We held a conference in October 2018 about self-neglect. Self-neglect is when you may come to harm because you are not able to look after your health or care needs, but you find it difficult to accept support.



This conference helped us to learn from each other's experience to find the best ways to help people. We had expert speakers and workshops to help practitioners to work with people who self-neglect. We had 160 people attend. We are planning to do another one in May 2019.

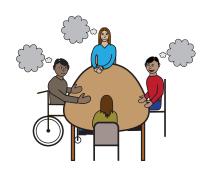


#### Call blockers



We have been funding work to protect people from being scammed. We learned that 'call blockers' can stop people getting phone calls from people who are trying to trick them out of their money. We gave £6000 to West Yorkshire Financial Exploitation and Abuse Team to buy 'call blockers' for people in Leeds. This will help keep more people safe.

#### **Learning from reviews**



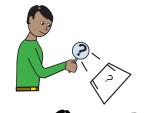
The Board holds reviews when someone has died or been seriously harmed to find out if we could work better in the future to protect people.



The Board has held reviews for three people who had pressure ulcers. There were four key learning



**1.** Work with people to understand their needs and what is important to them.



**2.** Work with people to find out why they might not want support.

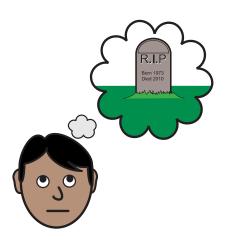


**3.** Be prepared to have difficult conversations with people so that you can understand their concerns.

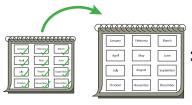


**4.** Know about pressure ulcers so you can provide good support.

We did lots of workshops to help share this learning. We are also doing three other Safeguarding Adults Reviews:



- One of these is for a man that died at home who found it difficult to look after his own care needs.
- One of these is a review of people who have died living street-based lives in Leeds.
- The other review is about a young man who died at home without the support he needed.



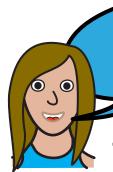
We will tell you what we learnt in next year's report.



## **Ambition Four:**

# Improve responses to domestic violence and abuse

This is what we want to achieve for people:



"I am confident that professionals will work together and with me to get the best results for me"

This is what we have been doing:



It is called domestic violence and abuse when the abuse happens within your family. Sometimes people find it harder to tell people about abuse when it is done by a family member. Remember, abuse is always wrong, and there is help for you.

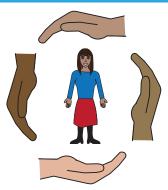
#### This is what we have been doing:





- We work with Safer Leeds to reduce the risk of domestic violence and abuse in the city.
- We supported a domestic abuse campaign called 16 Days of Action. We focused this year on the safety of older people. We held an event to find out the best ways of helping older people who are being abused. We also sent out information to older people organisations to help keep people safe.





We held a Safeguarding Adults Review for a woman who was abused by her partner. Holding a review helps us to learn about how we can support people better in the future.

#### The four main things we learnt were:





1. It is important to talk to people and find out their views.



2. It is important to ask questions that help us find out what actually happened.



3. It is important to look out for signs of domestic abuse.



4. It is important that people know how the law can be used to help people.

#### To tell people about this learning, we have:



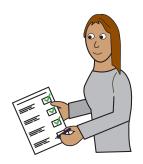
- Held lots of workshops for staff to share this learning.
- Arranged training sessions for staff on the law.



## Our plans for next year

#### We will do more work on each of our four ambitions

Some of the main things we want to do are:



• Get better at checking that all support is of a good standard.



• Hold more events where we can talk to agencies that provide services in the city.



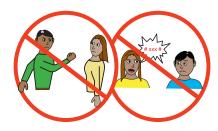
 Make new safeguarding leaflets and materials.



You can read all of our plans for next year on our website:

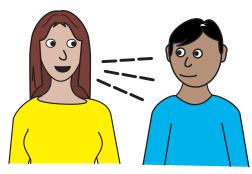
www.leedssafeguardingadults.org.uk





#### How to get help

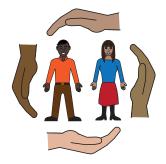
If you are being abused or experiencing neglect or know someone who is, then there are things you can do...



Tell someone. Speak to someone you trust. This might be a member of your family, a care worker, a doctor, a social worker, a nurse or someone else.

#### Abuse is always wrong,





there is help for you.

You can also report a safeguarding concern



- · Contact Adult Social Care,
- Tel. 0113 222 4401
- Out of hours,

Tel: 07712 106378





